STOP!

PRESSURE ULCERS ARE PREVENTABLE ADVERSE EVENTS

1. IS YOUR PATIENT AT RISK?
   - Conduct a comprehensive risk assessment on admission
   - Use a validated pressure ulcer risk assessment tool
   - Conduct a complete skin assessment
   - Undertake nutritional screening

2. IMPLEMENT PREVENTATIVE STRATEGIES
   - Reposition regularly
   - Use suitable transfer aids
   - Use a high quality foam mattress for all at risk
   - Use an active support surface for patients at higher risk
   - Protect the skin
   - Consider high protein oral nutritional supplements
   - Inform and educate your patient where possible
   - Continue to risk assess and evaluate interventions

3. DOCUMENT ALL...
   Assessments, management plans and interventions

Pressure ulcers are a major burden to patients, their carers and society

STOP!

PRESSURE ULCERS ARE PREVENTABLE ADVERSE EVENTS

www.epuap.org