



European Pressure Ulcer Advisory Panel

STOP!

PRESSURE ULCERS ARE PREVENTABLE ADVERSE EVENTS

PREVENTING PRESSURE ULCERS
(Also known as bedsores, pressure injuries & pressure areas)

Pressure ulcers are a major burden to patients, their carers and society

1. IS YOUR PATIENT AT RISK?

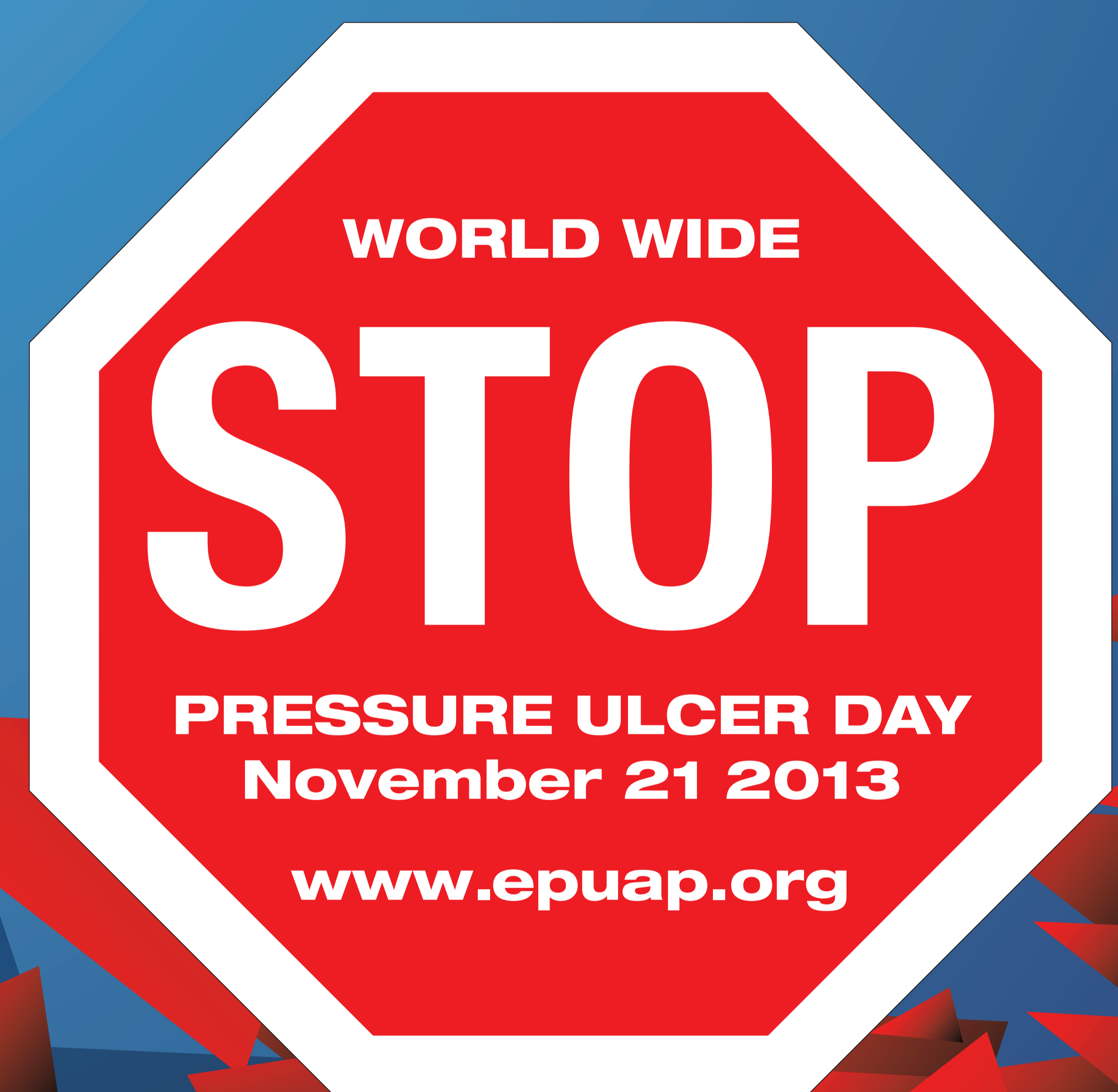
- Conduct a comprehensive risk assessment on admission
- Use a validated pressure ulcer risk assessment tool
- Conduct a complete skin assessment
- Undertake nutritional screening

2. IMPLEMENT PREVENTATIVE STRATEGIES

- Reposition regularly
- Use suitable transfer aids
- Use a high quality foam mattress for all at risk
- Use an active support surface for patients at higher risk
- Protect the skin
- Consider high protein oral nutritional supplements
- Inform and educate your patient where possible
- Continue to risk assess and evaluate interventions

3. DOCUMENT ALL...

Assessments, management plans and interventions



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