

A Practical Guide to

Eliminating Avoidable Heel Pressure Ulcers

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Wednesday 10 February 2016 Hallam Conference Centre London



Chair and Speakers Include

Tina Chambers

Vice Chair

Tissue Viability Society

Prof Gerard Stansby

Chair, Guideline Development Group, Prevention and Management of Pressure Ulcers Quality Standard NICE

Supporting organisations:



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**“The Heel is the second most common site for pressure ulcer development”
Nursing Centre, 2015**

“700,000 are affected by Pressure Ulcers each year”

“Each Pressure Ulcer adds £4000 to the costs of care”

“186,617 people developed a Pressure Ulcer in hospital each year”

**“Research shows between 80% and 95% are avoidable”
Stop the Pressure Campaign, NHS England 2014**

This conference, chaired by Tina Chambers, Vice Chair of the Tissue Viability Society, focuses on a practical guide to eliminating heel pressure ulcers.

National updates and practical case studies will focus on:

- Reducing avoidable heel pressure ulcers
- Changing practice in the early detection of heel pressure ulcers
- Undertaking effective Heel Checks
- React to Red: Communicating heel pressure ulcer prevention
- Vascular assessment of heel pressure ulcers
- Predictors of Healing in Heel Pressure Ulcers
- Multidisciplinary management of heel pressure ulcers
- Learning from RCA investigations relating to heel pressure ulcers
- Managing heel pressure ulcers in the community

“Pressure ulcers represent a major burden of sickness and reduced quality of life for people and their carers. They can be debilitating for the patient, with the most vulnerable people being those aged over 75. Pressure ulcers can be serious and lead to life-threatening complications such as blood poisoning or gangrene. Research suggests that between 80-95% are avoidable” NICE Draft Quality Standard for Pressure Ulcers January 2015

Follow this conference on twitter #stopthepressure

10.00 Chairman's Welcome and Introduction

Tina Chambers *Vice Chair Tissue Viability Society
Tissue Viability Consultant, Educator and Advisor, Tina Chambers Ltd*

10.10 Stop the Pressure: an update from NHS England

Representative
NHS England

- the stop the pressure campaign
- an update from NHS England

10.40 Reducing avoidable heel pressure ulcers through real time monitoring

Mark Collier
*Lead Nurse Consultant Tissue Viability
United Lincolnshire Hospitals NHS Foundation Trust*

- real time recording and reporting of prevalence and incidence of heel pressure ulcers
- implementing standard operating procedures to reduce heel pressure ulcers in an acute setting
- the use of heel protection
- the impact on the incidence of heel pressure ulcers in Lincolnshire

11.25 Question and answers, followed by coffee and exhibition

11.50 Changing practice in the early detection of heel pressure ulcers: Undertaking effective Heel Checks

Amy Verdon
*Tissue Viability Clinical Nurse Specialist
University Hospitals of Coventry and Warwickshire
NHS Foundation Trust*

- changing practice in the early detection of heel pressure ulcers
- enabling nurses to carry mirrors to undertake regular heel checks
- what have we learnt and how we have reduced heel pressure ulcers in Coventry and Warwickshire

12.10 React to Red: Communicating heel pressure ulcer prevention

Stuart Thompson-Mchale
*Tissue Viability Matron, Harm Free Care
Nottingham University Hospitals NHS Foundation Trust*

- ensuring that people who are at risk of heel pressure ulcers have their skin checked regularly for signs of redness and have the correct interventions in place to prevent development/deterioration
- the React to Red Campaign

12.40 Vascular assessment of heel pressure ulcers

Professor Gerard Stansby
Chair, Guideline Development Group Chair, Prevention and Management of Pressure Ulcers Guideline and Quality Standard, National Institute for Health and Clinical Excellence & Professor of Vascular Surgery and Honorary Consultant Surgeon, Newcastle upon Tyne Hospitals NHS Foundation Trust, Newcastle

- ensuring vascular assessment
- the role of venous disease in heel pressure ulcers
- monitoring progress against the NICE Quality Standard for Pressure Ulcers

13.10 Question and answers, followed by lunch and exhibition

14.00 EXTENDED SESSION Predictors of Healing in Heel Pressure Ulcers

Elizabeth McGinnis
*Nurse Consultant Tissue Viability
Leeds Teaching Hospitals NHS Foundation Trust*

- predictors of healing in heel pressure ulcers
- implications for management
- our experience in Leeds

14.45 EXTENDED SESSION Multidisciplinary management of heel pressure ulcers

Tina Chambers *Vice Chair Tissue Viability Society
& Independent Clinical Nurse Specialist*

- effective management of heel pressure ulcers
- the role of the podiatry team
- what works? The evidence

15.30 Question and answers, followed by tea and exhibition

16.00 Learning from RCA investigations relating to heel pressure ulcers

Tracey Carter
*Chief Nurse & Director of Infection Prevention & Control
West Hertfordshire Hospitals NHS Foundation Trust*

- undertaking an RCA investigation of a heel pressure ulcer
- what we have learnt from RCA investigations in this area
- our experience: ensuring the equipment is available and rolling out "Heel Watch"

16.30 Managing heel pressure ulcers in the community

Speaker to be announced

- managing heel pressure ulcers in the community: what works?
- working with care homes and the community to eliminate pressure ulcers
- reducing the number of patients admitted with pressure ulcers

17.00 Question and answers, followed by close

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For more information contact Healthcare Conferences UK on **01932 429933** or jayne@hc-uk.org.uk

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London, W1W 6JJ. A map of the venue will be sent with confirmation of your booking.

Date Wednesday 10 February 2016

Conference Fee

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